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ENERGY

Shipment delay causes gas shortage



A gasoline shortage causing headaches for drivers is due to a late marine shipment, according to Imperial Oil.

On Saturday and Sunday, gas pumps across the province were blocked off as stations said they were out of most types of gasoline.

"It's a delay in shipments to our terminal here," Imperial spokesman Merle MacIsaac said Sunday.

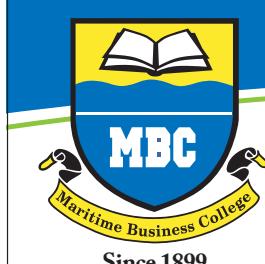
MacIsaac said two vessels bound for the Dartmouth came in at the end of last week and over the weekend, which was later than expected. He would not comment on when the boats were originally supposed to land.

"It's an inconvenience, certainly," MacIsaac said. "We regret the inconvenience to our customers and the public."

metro MORE INSIDE
Some drivers fuming, page 5

LET'S GET ROWDY

**MORE THAN 1,000
TURN OUT AT NDP
RALLY IN HALIFAX**
metroNEWS



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'Couldn't get folks to slow down'

INFRASTRUCTURE

City pledges to improve safety at dangerous intersection

 **Stephanie Taylor**
Metro | Halifax

A dangerous intersection will receive a fix-up after Halifax residents and one city councillor voiced months of concerns.

The meeting of Kearney Lake Road and Larry Uteck Boulevard

has been the site of at least five accidents since it opened last December.

An engineer with HRM said it's uncommon for an intersection so new to receive improvements. But in response to the community's worry, a request for a proposal has been made so improvements can be done.

"Basically what's happening is motorists aren't driving the speeds that they should be," said program engineer Paul Burgess.

"You can put signs up, you can put lane markings up, but sometimes that just doesn't do the trick."

Despite safety concerns and a subsequent review in February, Burgess upholds the intersection met all required design standards.

He said the first of the improvements would see a median installed on Kearney Lake Road.

As drivers approach the current intersection from what Burgess refers to as the old part of Kearney Lake Road, they have difficulty making right turns.

The earlier safety review reports that stretch has a series of features, including limited sight lines and high speed limits, which "contributes to a sig-


Motorists aren't driving the speeds that they should be.

Engineer Paul Burgess

nificant increase in the safety risk and likelihood of collisions occurring on this approach to the intersection."

Burgess said installing a median would hopefully temper the speeds of driver and "give them more advanced warning there's a turn coming up."

The other major improve-

ment will attempt to tighten up the right turn from Larry Uteck Boulevard inbound where vehicles turn onto Kearney Lake Road.

Again, he stated that speed was the culprit behind the trouble with that turn.

Additional improvements will include new signage in the area.

He also said that eventually traffic signals would be installed, although on Friday he could not comment as to when exactly, saying only it is more likely to happen in the short-term than long-term.

"The city listened and re-

 **TIMELINE**

Maintenance work on the intersection is set to begin in October, ideally finishing before the first snow.

sponded and I think I'll finally be satisfied," Coun. Matt Whitman said of the improvements.

The councillor spoke out publicly against the intersection and echoed Burgess' point that it was a struggle to get drivers to slow down, resulting in severe accidents.

CRIME

Incident at Tims ends in arrest

A teen is facing charges after an attempted armed robbery at a local Tim Hortons.

Cole Harbour RCMP say at about 8:40 p.m. Friday, a male teen entered the Tim Hortons on Main Road in Eastern Passage and approached the cashier. He stated he had a knife and demanded money.

Staff immediately called the RCMP and members responded and arrested the suspect, who was still inside the restaurant.

A 15-year-old man from Middle Sackville faces charges of armed robbery and possession of a weapon.

There were no injuries and no money was taken.

METRO



COMMUNITY WELCOME TO HALIFAX People line up for some free food during the 10th annual Welcome BBQ on the Halifax Commons on Sunday. Dozens attended the city-sponsored event. JEFF HARPER/METRO

 **IN BRIEF**

Dartmouth man arrested for possession of child porn

A 27-year-old man from Dartmouth is facing child pornography charges after police searched his home. Jeremy Bryan Matthew Saunderson was charged with possession of child pornography and accessing child pornography.

He was conditionally released, and may not communicate with children under 16 and cannot be within 50 metres of a place frequented by children. Saunderson is due in court Nov. 10. METRO

RCMP charge man in sexual assaults dating back to 1970s

RCMP in Nova Scotia have laid several charges against a 61-year-old man in connection with sexual assaults dating back four decades.

The Mounties say Brian David Fogelson of Venice, Fla., appeared in Bridgewater provincial court earlier this week on a variety of alleged sexual assault charges believed to have occurred between 1975 and 1978. He was released on conditions and is scheduled to return to court on Dec. 2. THE CANADIAN PRESS

LOWER TRURO

Police continue search in student murder case

 **Philip Croucher**
Metro | Halifax

Police remained all weekend at the scene that they believe is connected to the murder of a Dalhousie University student.

On Friday, police announced that investigators located "several items of potential interest" on a property in Lower Truro at around 7:30 p.m. Thursday.

Police said in a release on

Friday that forensic analysis suggested that the evidence found was related to the investigation of Taylor Samson's death.

On Sunday, Halifax Regional Police spokeswoman Theresa Rath said homicide investigators continued to search the area throughout the weekend, and were expected to be back again Monday.

"It's an incredibly large property so just the sheer area is causing us to stay for an extended period of time," said Rath, as police first ar-

rived on scene Aug. 25.

Police said the remains of 22-year-old Samson have yet to be recovered.

On Aug. 20, police ruled Samson's disappearance a homicide and arrested another 22-year-old Dalhousie student in connection with his death.

William Sandeson has since been remanded to the Central Nova Correctional Facility in Burnside on a charge of first-degree murder.

He is due to appear in court on Sept. 2.



Investigators comb the scene on Saturday in Truro.

TC MEDIA

Shakespeare by the Sea strong despite setbacks

CULTURE

Theatre troupe still recovering from fire, poor weather

Heide Pearson
For Metro | Halifax

Enter stage left, onto a field, into Point Pleasant Park, the actors for this season's performances of Shakespeare by the Sea.

There may be a change of venue, but there's no change in the dazzling show the theatre troupe of Shakespeare by the Sea is putting on this season.

The theatre company has had a successful two months of fun and quirky performances in Point Pleasant Park this summer, and the few setbacks they've had aren't slowing down the crowds.

"Overall it's been really good, it's been tough because of the weather," said Kate Reddings, stage manager for Shakespeare by the Sea, on Saturday. "But people are really enjoying it."

Shakespeare by the Sea puts on edgy and clever renditions of traditional fairy tale favourites that are fit for the whole family.

WHEN, WHERE

For more information on Shakespeare by the Sea and this week's performance schedule visit shakespearebythesea.ca.



Actors with Shakespeare by the Sea perform their rendition of Sleeping Beauty for nearly 200 people in Point Pleasant Park on Saturday. The outdoor performance company hopes to raise enough funds to turn the burned-out Park Place Theatre building back into a fully functional facility by next year. HEIDE PEARSON/METRO



We love doing what we do so it's sad to have to cancel the shows. It's been discouraging.

Stage manager Kate Reddings

The company has had to cancel two weeks of the season's shows due to the rainy and foggy weather Halifax has been experiencing this summer.

"But when it's nice, people are still coming out, our houses have been really strong," Reddings said. "Like today I think today was probably over 200 (people)."

Shakespeare by the Sea lost its building, the Park Place Theatre, before they started rehearsals for last summer's season due to a fire, and it's

still struggling to raise the funds to get its theatre back up and running. In previous years, having the building there meant it could take shows indoors in the event of bad weather, but this summer it's outside or the show doesn't go on.

"We love doing what we do

so it's sad to have to cancel the shows," said Reddings. "It's been discouraging."

Reddings said the company started the campaign at the beginning of August to raise money to turn the Park Place Theatre building back into a theatre again by next year.

She's hopeful the company

will meet its goal.

"We've had some really great response from that and people have been really supportive," she said. "We've had letters from, like, people in Texas who said this was a part of their summer tradition and please stick around."

But with one week left, Reddings said her colleagues are keeping their minds on shorter-term goals.

"Our fingers are crossed," she said. "My goal right now is to get through one week without having to cancel a show."

BUSINESS

Dodgers recruit local tech experts

Rebecca Dingwell
For Metro | Halifax

A local company has earned its spot among nine others selected for the first-ever Los Angeles Dodgers Accelerator program, in partnership with R/GA marketing.

Travis McDonough, founder of Halifax-based Kinduct Technology Inc., is currently preparing for his move to L.A.

"We actually didn't originally apply (for the program)," McDonough said Wednesday. "We were asked to apply after they saw our technology."

Since 2010, Kinduct has been developing software solutions for human health.

"We push programming to individuals so they understand what exercises they need to do," said McDonough, "(and) educational information to help them lead a healthy lifestyle."

For the software to do its job, it needs a hefty amount of data.

"We take into our system their blood pressure information, their heart rate ... all these different metrics," McDonough explained.

According to McDonough, most people who currently benefit from their technology are professional athletes. The long-term goal, however, is to help people on a more widespread scale.

"The only reason we're not more heavily engaged in the health-care market is because it takes so long for procurement cycles to happen," said McDonough.

Kinduct has 14 research projects on the go across the country.

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Job Search over 45 (3 sessions)
October 27, 28, & 29

Personality Dimensions
October 20



Mulcair stirs up orange wave

ELECTION

NDP could ‘absolutely’ sweep HRM: Hussey

 **Haley Ryan**
Metro | Halifax

Federal NDP leader Tom Mulcair stopped in Halifax on Sunday to boost support in an area that's long been a stronghold for the party, while putting the spotlight on two new faces.

Halifax West candidate Joanne Hussey and Alex Godbold for South Shore-St.Margarets, both newcomers to federal politics and the NDP, warmed up the crowd for roughly five minutes with points about Mulcair's leadership and how Liberal leader Justin Trudeau has flip-flopped about whether his government would run a deficit.

"Trudeau hasn't really lived up to expectations. I think there were really high hopes when he became the leader," Hussey said after the rally.

Hussey, a small business owner, is running against incumbent and long-time Liberal MP Geoff Regan but said Sunday she's been hearing people are "ready for change" at the national level, which she thinks will trickle down to local ridings.



Local federal NDP contenders Alex Godbold, left, Robert Chisholm and Joanne Hussey share a laugh before a media scrum on Sunday at the World Trade and Convention Centre in Halifax. JEFF HARPER/METRO

Voters who had a Liberal or Conservative sign last election have been taking NDP ones because they are tired of Stephen Harper after 10 years, Hussey said, and they are unsure about Trudeau.

"Tom has provided a good alternative in terms of strong

leadership at the national level, and that's what they want their riding to be represented by," Hussey said.

Hussey said "absolutely," when asked if she and Godbold could make up an NDP sweep in the Halifax Regional Municipality alongside incumbents

Megan Leslie, Peter Stoffer and Robert Chisholm.

"Halifax West has been the only riding within HRM that hasn't gone NDP and I think it's time," she said.

More than 1,000 people crowded into a ballroom at the World Trade and Convention

Centre Sunday to hear Mulcair speak on platform issues like \$15 a day childcare, a federal \$15 an hour minimum wage, and plans to scrap the current government's proposal to increase Old Age Security eligibility to 67 from the current 65. Mulcair told reporters

he would honour the Irving Shipbuilding contract as it currently stands.

When asked specifically about how the NDP would boost Nova Scotia's economy, Mulcair said lowering the tax rate for small businesses from 11 per cent to nine per cent would help kick-start things, and they would push for involvement in the "green renewable energy technologies" market.

"We're not going to try to take the place of businesses," Mulcair told reporters after the rally.

"But we will do everything we can to create the conditions so that private business will create good jobs for the future."

First-time voter Ryan Lafford, 18, said he came to the rally because the NDP appeals to him as the "most socialist" party but Mulcair seemed to repeat talking points from other stops.

"I was hoping he would be a little more unique to Atlantic Canada," Lafford said.

The other leaders' Halifax plans



Elizabeth May

May will appear at the Maritime Museum of the Atlantic in Halifax at 7 p.m. Monday for a public rally.



Justin Trudeau

Trudeau has yet to make a stop in Nova Scotia since the federal election was called.



Stephen Harper

Harper stopped in at an elementary school in Amherst on Aug. 16, but has yet to visit Halifax.

Shortage angers drivers

GASOLINE

Dozens of stations closed for the second straight day

Haley Ryan
Metro | Halifax

For the second day in a row, many drivers found themselves staring at closed signs or long lineups at the gas station when they went to fill up their tanks.

On Sunday, dozens of stations across Nova Scotia and the Halifax region closed their pumps due to a gas shortage that Imperial Oil later said was due to a delayed shipment.

Diesel was still offered at some locations, but along Robie Street in Halifax both the Esso on the corner of Young Street and the Shell on North Street blocked off all pumps with traffic cones or "closed" signs.

"I'm just a little pissed,"



Notices such as this one, at Wilson's Gas Stop in Upper Tantallon, were typical throughout HRM on Sunday. JEFF HARPER/METRO

said David Hann, after staring in confusion at the blocked Esso station.

Further south on Robie at the Irving station, all pumps except for the two furthest from the road were taped off.

Dave, who preferred not to give his last name, was waiting in a lineup of three other cars and said he was happy to have found a place to gas up after driving to two other stations.

"There's no need of it," Dave said, adding he was sure the shortage was connected to the drop in gas prices to less than \$1 per litre just a few days ago.

Anybody who believed

that the issue was thanks to a late shipment has "something wrong with them," Dave said, with a shake of his head.

"This is just a game that they're playing. They don't want to give it away," he said.

IN BRIEF

Province names Order of Nova Scotia recipients

The province's lieutenant governor has announced this year's recipients of the Order of Nova Scotia.

Lt.-Gov. J.J. Grant announced the five recipients Friday morning.

"Through their remarkable achievements and passion for helping others, these individuals inspire our fellow citizens to strive for excellence in all facets of life," he said in a statement.

The recipients are Halifax health-care provider and community advocate Dr. Margaret Macdonald Casey; Dartmouth entrepreneur and founder of Acadian Seaplants Limited Louis E. Deveau; Chester entrepreneur and environmentalist Rudy Haase; Sydney child-care innovator Sharon Hope Irwin; and late Dunvegan author Alistair MacLeod, who will receive the order posthumously.

The recipients were chosen from 108 nominations from Nova Scotians, and will receive the Order of Nova Scotia at a ceremony at Province House on Sept. 30. METRO

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SCREEN NOVA SCOTIA

Film industry warnings fail to sway premier on tax incentive

Alarm bells sounded by Screen Nova Scotia on the state of the provincial film industry have failed to sway Premier Stephen McNeil, who says his government won't change its revamped tax incentive program.

Screen Nova Scotia requested an emergency meeting with McNeil on Thursday over the impending closure of industry suppliers PS Atlantic and SIM Digital, which it linked to the decision to replace the province's film tax credit.

McNeil said Friday that Business Minister Mark Furey is willing to meet and answer any questions about the implementation of the government's new program.

But he said the cash-strapped province simply can't afford to subsidize the industry at a rate of 65 cents for every dollar.

"If it (the meeting) is about the implementation of the new program, it's fair to have that conversation. But no Nova Scotian, in my view, believes that a 65-cent subsidy is sustainable."

McNeil said the film industry remains one of the highest

\$20 million

Screen Nova Scotia estimates the province has lost \$20 million in production since July 1.
THE CANADIAN PRESS

subsidized sectors, even with the changes to the incentive.

Projects can get a 25 per cent refund on all production costs including labour under the \$10-million film incentive fund, which replaced a \$24-million tax credit that gave projects a 50 per cent rebate for labour costs.

In a statement released Thursday, Screen Nova Scotia chairman Marc Almon called the move by the supply companies an "unfolding crisis" and said the industry had experienced a terrible year since the tax credit was replaced.

Almon also suggested investor confidence had been shaken.

"I don't want to dismiss what they are saying," said

McNeil. "We certainly are prepared to sit down and talk to them, but we have also had people tell us that they can work within this sector."

Almon later confirmed that Screen Nova Scotia would meet with Furey on Monday. He said the organization would also continue to press for a meeting with McNeil once he returns next month from a business trip to Asia.

"It's critical that we meet with the premier, and we trust that Monday's meeting will lay the groundwork for that important conversation," said Almon. THE CANADIAN PRESS



Nova Scotia Premier Stephen McNeil. JEFF HARPER/METRO



Volunteers at the ReStore warehouse in Halifax unload donated mattresses that were used in the athletes' village in Toronto. All proceeds made will go toward building a home for a family in need. ZANE WOODFORD/METRO

Habitat selling Pan Am beds

REUSE

University students can buy one of 200 sets for \$125

Zane
Woodford
Metro | Halifax

If you're a student coming to Halifax and not living in residence, Habitat for Humanity Nova Scotia has a deal for you.

"There's a lot of college students looking for futons ... and instead we have (beds), and they're bang on," said Habitat for Humanity volunteer Diane Maskell.

The beds are \$125 for the mattress and frame, with no tax at Habitat for Humanity's ReStore warehouse in Dartmouth, and they'll deliver anywhere in the municipality for \$10.

The beds are lightly used, but they have a story behind

them. They were used in the athletes' village at the Pan Am and Parapan Am Games in Toronto this summer.

"They contacted Habitat for Humanity and said, 'We've got 5,000 beds, would you guys like them?'

"Here in Nova Scotia we got 200 of them," said Habitat for Humanity Nova Scotia CEO Marie-France LeBlanc.

Habitat for Humanity chapters across the country are offering the same deal, and they're expected to go fast.

"Students are coming back for classes. They need beds for their rooms that they can use for the next four years," said LeBlanc.

And the proceeds go to a good cause.

Like all money made at the ReStore warehouse — a six-day-a-week volunteer run, donation-stocked discount hardware store — the money raised from the beds will go toward building a home for a family in need.

The families get a mortgage



It's a great opportunity to have a great quality bed at a discounted price.

Habitat for Humanity volunteer Diane Maskell

on the home with no down payment and no interest, and all they have to give Habitat for Humanity in return is 500 hours of "sweat equity," meaning they help build a home for the next family.

Habitat for Humanity is on track to complete eight homes by the end of 2015.

LeBlanc said it wouldn't be possible without the organizations' countless volunteers.

"We have people like Diane, who is here four days a week like it's her job, and she's not unique," she said.

"Without them, we couldn't do what we do."

GOVERNANCE

Four towns challenging status quo

A proposal for a regional government in Nova Scotia's Pictou County is now in the hands of provincial regulators.

The Pictou County Municipality and the towns of New Glasgow, Stellarton and Pictou have submitted a conditional application to volun-

tarily amalgamate.

The application has been filed now in order to meet targets for municipal elections next year.

Approval of the application will be subject to the outcome of public consultation, including a plebiscite scheduled for May of next year.

Pictou County Warden Ron Baillie says the proposed new regional council will be much smaller than the combined four municipal governments.

Baillie says it's time for a new model of governance because the status quo isn't working.

THE CANADIAN PRESS


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Ottawa pushes for journalist's release

FAHMY

Harper under fire for taking too long to intervene

The Canadian embassy in Cairo has officially petitioned the Egyptian government to release imprisoned journalist Mohamed Fahmy, according to Fahmy's brother.

Reached in Egypt by phone, Adel Fahmy told the Star that the Canadian ambassador to Egypt, Troy Lulashnyk, filed documents on Sunday morning to have Mohamed Fahmy either deported or pardoned.

"The ambassador has met with the (Egyptian) minister of justice today, and has also filed for deportation officially, and filed for a presidential pardon as well," Adel said.

"This is the opportune time and the most essential time for this to be done," he added.

Ottawa's decision to take a firm stance on Fahmy's re-

This is the most opportune time ... for this to be done.

Adel Fahmy on Ottawa's decision to officially petition Egypt for the release of his brother Mohamed



Canadian Al-Jazeera English journalist Mohamed Fahmy, right, listens to his lawyer, Khaled Abou Bakr, during his retrial in a courtroom in Cairo, Egypt, in June. AMR NABIL/THE ASSOCIATED PRESS

lease follows repeated calls from Prime Minister Stephen Harper's political opponents to take time off the campaign trail and concentrate on securing Fahmy's release from Egypt.

They both called on Harper once again to phone Egyptian President Abdel Fattah al-Sisi to personally demand the Al-Jazeera journalist's release.

"Very concretely, we are asking Stephen Harper to

put aside the election campaign for a moment and call President al-Sisi directly and ask him to send Mr. Fahmy home," NDP Foreign Affairs Critic Paul Dewar told The Canadian Press.

Liberal Foreign Affairs Critic Marc Garneau told The Canadian Press Harper should contact al-Sisi and "register Canada's strongest disapproval, and in fact to make it very clear that the relationship

between Canada and Egypt, which has been a good one, is in jeopardy if Mr. Fahmy has to go back to jail."

An Egyptian court sentenced Fahmy to three years in prison on Saturday.

The foreign affairs critics for both the New Democrats and the Liberals lashed out at Harper for failing to intervene earlier in the case.

TORSTAR NEWS SERVICE WITH FILES FROM THE CANADIAN PRESS.

SCHOOLS

Quebec sex ed to be mandatory

Education on sexual matters is too important to be optional, according to Quebec's ministry of education.

The province is rolling out a new pilot project in which sex education will soon become mandatory for all students from kindergarten to the last year of high school, regardless of the religious or personal convictions of parents. No exceptions will be made.

The sexuality education pilot project, which will begin in the next few days in about 15 schools, will last two years, affect 8,200 students and could be adopted by schools across the province in 2017.

However, documents obtained by The Canadian Press, and a series of interviews conducted in recent weeks, show that approval for the program is far from unanimous.

Months after the announcement of an upgraded sex education curriculum drew large-scale protests from parents in Ontario, the Quebec program has no lack of contentious elements, whether it's the mandatory nature of the classes, lack of training for teachers, or the absence of consultation.

And whether they like it or not, even the most reluctant parents will have to get used to the idea that their children will learn about the signs of puberty and different sexual practices just as they learn about math and conjugating verbs.

"For the moment, no exemptions are planned," said ministry of education spokesperson Paschal Ouellet.

In the field, some are wondering if the ministry took Quebec's cultural and religious diversity

into account. For example, how should teachers and administrators respond when a parent opposes, for religious reasons, their 12-year-old child learning to identify different sexual practices?

Lorraine Normand-Charbonneau, the president of the Quebec School Principals Federation, says some parents just "don't want their teen to learn about masturbation" in class.

"What will we do, take out those students?" she asked.

Out of the question, according to the ministry.

"Sexual education is planned for all Quebec students," Ouellet said. The reasoning is that education is beneficial for "preventing sexual assaults, violence in romantic relationships, blood and sexually transmitted infections, and unwanted pregnancies."

TORSTAR NEWS SERVICE

ELECTION 2015

Mulcair's math is bad, critics contend

Conservatives and Liberals ganged up Sunday on perceived frontrunner Tom Mulcair, claiming there's a multibillion-dollar hole in the NDP leader's election platform.

The two rival parties differed on precisely how deep that hole would be and on their suspicions of what Mulcair would do to dig himself out of it, but the message was the same.

Mulcair dismissed both the Liberal and Conservative numbers as fictional and called them a sign of desperation by rivals trying to blunt the NDP's early momentum in the marathon campaign to Oct. 19.

Liberals claimed there's a \$28-billion gap between Mulcair's promises of new spending and his pledge that an NDP government could balance all its budgets over a four-year term. Jason Kenney, the Conservative defence minister, estimated at least an \$8-billion gap in the first year of an NDP government.

"It's something that the Conservatives are making up," Mulcair said during a campaign stop in Halifax. "I am not going to be leaving this type of debt on the

backs of future generations. I'll leave that to Mr. Harper and Mr. Trudeau."

Mulcair said the Conservatives' cost estimate includes "things that have been presented long in the past" by the NDP.

"It's an attempt to distract from things that are real, like the fact that Stephen Harper has run up \$150 billion in debt while he's been the prime minister of Canada," said Mulcair.

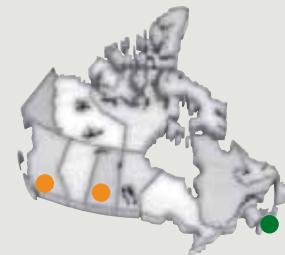
As for the Liberals' estimate of a \$28-billion gap, he added: "That one by the Liberals is so fanciful that it defies description."

But Liberal MP John McCallum, a former economist, called on Mulcair to produce his math. "He won't come clean about his math because the math doesn't add up. We know because we did the math for him," McCallum told a news conference.

McCallum said Mulcair would have to slash spending or break most of his promises if he's serious about balancing the budget next year.

But Kenney posited a third possibility: that Mulcair is secretly planning to impose massive tax hikes. THE CANADIAN PRESS

WHERE THE LEADERS ARE MONDAY



• **Tom Mulcair** will be in Saskatoon, Sask., and Penticton, B.C.

• **Elizabeth May** will be at a rally in Halifax.

Itineraries for Stephen Harper and Justin Trudeau were unavailable.

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Egypt condemns British envoy's criticism of trial

COURT

Sentencing of Fahmy, other journalists, sparks outcry

Egypt's Foreign Ministry summoned the British ambassador in Cairo on Sunday to protest comments he made after a judge sentenced three Al-Jazeera English journalists, including Canadian Mohammed Fahmy, to three years in prison each for reporting "false news."

The ministry said in a statement that John Casson's comments were "unacceptable interference" in the country's judiciary and "incompatible with diplomatic norms and practices." In a post on Twitter, spokesman Ahmed Abu Zeid said Egypt "rejects any foreign criticism of judicial verdicts."

The court sentenced the three journalists on Saturday, sparking international outcry over the long-running case and highlighting authorities' crackdown on free speech in the country.

Speaking to television cameras in Arabic after the verdict, Casson said he was "shocked and concerned by the sentences," in a case that is of "profound interest to Egyptians because it has become a symbol of the basis for stability in the new Egypt."

"I am concerned that today's ruling will undermine confidence in the basis of Egypt's stability, both in Egypt and



Canadian Mohammed Fahmy listens to his verdict in a soundproof glass cage inside a make-shift courtroom in Tora prison in Cairo on Saturday. AMR NABIL/THE ASSOCIATED PRESS

abroad," he said.

Several other foreign diplomats at the trial also condemned the verdict, but Casson may have been the only one to speak in Arabic to domestic television stations. The United States, the European Union, the United Nations and a string of human rights advocacy groups and press freedom organizations also sharply criticized it.

Casson's comments were posted on the British Embassy's Facebook page and met with a wave of negative reaction

Today's ruling will undermine confidence in ... Egypt's stability.

John Casson

in Arabic and English. Casson also posted similar comments on Twitter, where he is one of the most widely followed Western diplomats in Egypt

with nearly 28,000 followers. The British Embassy said Casson met Hisham Seif al-Din, chief of staff to Foreign Minister Sameh Shoukry, at the ministry's request on Sunday.

"Ambassador Casson explained the U.K. position on yesterday's court ruling set out in statements in London and Cairo yesterday," it said in a statement.

The long-running trial of Canadian Mohammed Fahmy, Australian Peter Greste and Egyptian Baher Mohammed had

embroiled their work into the wider political conflict between Egypt and Qatar, where Al-Jazeera is based, following the 2013 military ouster of Islamist President Mohammed Morsi.

Evidence presented at the trial ventured into the absurd, including music videos and footage of animals, which defence lawyers and even the judge dismissed as irrelevant. Third party observers say no evidence proved the charges, and critics described it as politically motivated.

Besides the "false news" charge, Judge Hassan Farid said in his ruling that he sentenced the men because they had not registered with the country's journalist syndicate, brought in equipment without security officials' approval and used central Cairo's Marriott hotel as a broadcasting point without permission.

The three are now seeking a pardon from Egyptian President Abdel Fattah El-Sisi, who has personally expressed regret over the long-running trial and the damage it has done to Egypt's international reputation. They will also appeal once the full verdict is released in the next 30 days.

Human rights lawyer Amal Clooney, who represented Fahmy on Saturday, said she and Canadian Ambassador Troy Lulashnyk would be meeting with Egyptian officials to press for a presidential pardon.

Greste was deported to Australia in February and sentenced Saturday in absentia.

THE ASSOCIATED PRESS

PRESIDENTIAL RACE

Politician touts wall along U.S. border

Wisconsin Gov. Scott Walker is putting a new twist on the topic of securing the border, a staple among the GOP candidates running for president, by pointing north.

Walker said in an interview that aired Sunday that building a wall along the country's northern border with Canada is a legitimate issue that merits further review.

Republican candidates for president have often taken a get-tough approach on deterring illegal immigration, but they usually focus on the border with Mexico. Walker was asked Sunday morning on NBC's Meet the Press whether he wanted to build a wall on the northern border, too. Walker said some people in New Hampshire have asked the campaign about the topic.

"They raised some very legitimate concerns, including some law enforcement folks that brought that up to me at one of our town hall meetings about a week and a half ago. So that is a legitimate issue for us to look at," Walker said.

The U.S.-Canada boundary is the longest international border in the world at 8,891 kilometres long.

Billionaire Donald Trump is riding the issue of illegal immigration to the top of the Republican presidential primary polls. He has said he would make Mexico pay for completing a permanent wall along the border. He also says he would also end automatic citizenship for those born in the United States, a right guaranteed by the 14th Amendment to the Constitution that was originally added to grant citizenship to freed slaves and their descendants after the Civil War. His positions appear to have pushed rivals to also take strong stands on immigration.

Walker, at one point, echoed Trump's call for ending birth-right citizenship, but later said he's against any such repeal.

THE ASSOCIATED PRESS



They raised some very legitimate concerns So that is a legitimate issue for us to look at.

Scott Walker,
Wisconsin governor

INVESTING

App links buyers to gold dealers

Want to buy gold as a savings alternative? Well, you guessed it: there's an app for that.

Josh Crumb, co-founder of BitGold, says he created the software that automatically links buyers to bullion dealers and storage companies because he wanted to make it easier for people to own gold as a hedge against inflation and as a store of value.

The system charges a one per cent fee to exchange cash for gold and back, but storage is free. It also allows users to transfer their gold value to a prepaid credit card, so they can actually buy a cup of coffee with their gold holdings, said Crumb.



Josh Crumb, co-founder of BitGold. COURTESY BITGOLD

"It gives the ability without having to go to coin shops and shave off some flakes of gold to buy something."

Crumb said he and co-found-

er Roy Sebag were inspired by the possibilities of Bitcoin, which allows global financial transactions without going through banking systems.

Like Bitcoin, BitGold allows free transfers between users, including an international money-transfer option that is in the works. But the key difference, says Crumb, is that Bitcoin will never be a store of value while gold already is.

The Toronto-based company began offering its service to the public in May and had already racked up more than 168,000 global users by the end of July, with about \$7 million in transactions.

THE CANADIAN PRESS

LIQUEFIED NATURAL GAS

Fracking quakes will increase, expert says

If the liquefied natural gas industry proceeds as the British Columbia government hopes, there could be five times as many fracking-caused earthquakes, warns one expert.

In order to meet the province's highest estimate of five terminals delivering 82 million tonnes of LNG a year, drilling would have to increase five-fold by 2020 — up to 2,100 wells per year, said David Hughes, a geoscientist who worked for the Geological Survey of Canada for 32 years.

But the company that would provide gas to a major LNG terminal — the same company

found responsible for a 4.4 magnitude tremor last year — claims it won't ramp up drilling. Progress Energy said it doesn't need to increase the number of wells it drills each year to supply Pacific Northwest LNG's planned liquefaction and export terminal near Prince Rupert. The company paused its operations after a 4.6 magnitude quake in northeast B.C. on Aug. 17. The B.C. Oil and Gas Commission has not established its cause but has confirmed that Progress Energy triggered a 4.4 magnitude tremor last August.

THE CANADIAN PRESS

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FRABA supports Fall River businesses

Association president says area offers huge potential for business

The Fall River and Area Business Association (FRABA) is made up of small business owners and interested participants who live and work in the Fall River area.

The objective of the association is to help promote, support and be a voice for businesses in the Fall River and surrounding areas, according to FRABA president Faye Coady. "We're advocates for small business," she says. "We help with things like getting tax relief for our members. Right now we're looking at the possibility of setting up a group benefits program. We've also provided a lot of education training over the past few years."

The FRABA supports businesses over a wide area around Fall River, including Wellington, Lake Fletcher, Grand Lake, Oakfield, Windsor Junction, Lakeview, Waverley and the Stanfield International Airport. While most of the membership tends to be small companies — just one or two people in many cases — the business association makes up for it in sheer numbers. There are currently more than 100 members, including a few that have clients spread across North America. "We're a large



Fall River's main street has been growing rapidly in recent years. CONTRIBUTED

association," says Coady. "In fact, we have more members than the Burnside Business Association."

With a high per-capita income and a growing population, Coady says the Fall River community offers huge potential for new businesses thinking about locating in the area. "There is a great clientele here, and

a real opportunity for more service-related businesses. A lot of people would like to see more restaurants, more shops and more services in the area. The community would really support those businesses."

FRABA hosts a number of business events and networking opportunities throughout the year, including a popular business expo

and monthly nutrition seminars. In addition, member volunteers support a number of committees including a networking committee, marketing committee, website, finance and education and training committees. The association holds general meetings the last Thursday of every second month except in July.

— William Mason



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Convenience with plenty of space

Once cottage country, the safe neighbourhoods make Fall River a family-friendly community

If you were to sum up the popularity of the Fall River community in one word, you might choose the word "location." For many HRM residents, Fall River offers the perfect combination of everything suburban living has to offer. The community is just minutes away from the Halifax Stanfield International Airport with quick and easy access to Halifax, Dartmouth, Bedford and Sackville.

Add to that things like outdoor lifestyle opportunity and a safe community with quiet, low-traffic neighbourhoods. It's no wonder Fall River is one of the fastest growing communities in HRM, according to Faye Coady, president of the Fall River Area Business Association and a local real estate agent.

"A lot of young families move to Fall River for the schools," says Coady. "We have some

great schools in the area. There is a great selection of higher-end homes in the community — homes with large lots and plenty of space. It's a very convenient place to live."

For nearly a century, the area around Fall River was isolated and rural. With the postwar boom it became cottage country — an easy summer drive from the sweltering heat of downtown Halifax. In the 1970s the Miller family broke ground on Schwartzwald, the first upscale housing development in the community. A number of others followed, including Capilano, Fall River Village, Kinloch Estates and St. Andrews West.

Today Fall River Village has more than 1,000 acres of land with around 200 acres still to be developed. Capilano is located just minutes from the Ashburn golf course, while St. An-



Quiet neighbourhoods and access to the community's lakes are part of the appeal of living in Fall River. CONTRIBUTED

drews West and Kinloch Estates — the newest developments in the community — are nestled between St. Andrews Lake and Kinsac Lake with water frontage on both. Lately there have been some new developments taking place nearby Miller Lake as well.

Coady can't imagine living anywhere else. She says Fall River is a great place to take long walks and enjoy the peace and quiet of the country. "There's such a great community spirit here. It's the perfect place to live as far as I'm concerned."

— William Mason



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Preserving a rich history

The community of Waverley owes its existence to a gold rush. A couple of them, actually.

While dramatic gold rushes like the Klondike and the California rush became legendary in the second half of the 19th Century, a quieter, more subdued bonanza was taking place along a strip of Nova Scotia that stretched from the South Shore to the Eastern Shore. Between 1860 and 1940, more than 100,000 troy ounces of gold were pulled from shallow Nova Scotian mines, and about 7,500 ounces of that came from the area around Waverley and Fall River. Today the community commemorates those days through the Waverley Heritage Museum, a volunteer-run community museum operated by the Waverley Heritage Society.

The museum showcases the history of the area with gold mining artifacts, blacksmith tools, old school and church photographs and a replica of a gold stamping mill. It also houses an extensive archive of census records, maps and directors.

The Waverley Heritage Museum is located in the old St. John Baptist Anglican Church in Waverley at 2463 Rocky Lake Dr. It is open to the public throughout July and August and by appointment the rest of the year.

Preserving the rich history of the Fall River area is a labour of love for many volunteers,

including local resident Sandra Carr. Carr was part of a group that started a community archive in the old Fall River Fire Hall to store and protect records going back to the founding of the community. "I also started doing videos a few years ago," she says. "I've been interviewing older people and getting their memories of Fall River down on tape."

The Regional Firefighters Interpretation Centre and Museum in Fall River is the area's newest museum. Founded in 2000 by a group of dedicated volunteers — many of them retired fire fighters — the museum is a way to showcase the rich history of volunteer fire fighting in the region. For years the group searched for a home, finally finding it in 2012 when decommissioned Fire Station 45 in the heart of Fall River became available.

Although the museum has been closed to the public in recent months due to some necessary repairs to the building, the museum serves as a showcase for a growing collection of fire fighting equipment and artifacts including several fire trucks, fire helmets, breathing apparatus, hose reels, old photographs and much more.

There are tributes to a number of landmark events in the Halifax area including the Halifax Explosion and the first all African-Canadian fire station in Canada.



Two old fire trucks await restoration for the Regional Firefighters Interpretation Centre and Museum. CONTRIBUTED PHOTOS

The museum is run entirely by a core group of dedicated volunteers and financed through donations.

— William Mason

Snow Centre a popular Fall River facility

It's not a long walk — just 10 minutes and a few hundred steps — but the trail that runs from The Gordon R. Snow Community Centre is quickly becoming one of the most popular walking routes in Fall River.

In just seven years of operation the Snow Centre has become a focal point of the Fall River community — a state-of-the-art facility featuring a LEED-certified, environmentally-friendly building, a state-of-the-art



A skateboard and BMX park is one of the focal points of the Gordon R. Snow Centre.

architectural design, and 38,000 square feet of convertible indoor recreational space.

The Snow Centre was built to replace a retrofitted, two-room schoolhouse that had served as Fall River's recreational centre for more than 20 years.

With George P. Vanier Junior High School directly across the street, the centre has become a popular drop-in centre in the afternoon — a place where students can play racket sports, work out in the fitness facility or take part in a free after school drop-in program offered by the centre.

— William Mason

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Fall River offers lots of recreational opportunities

With a population of around 4,000 and growing, one of Fall River's great attractions is its proximity to the great outdoors. The community offers a wealth of recreational opportunities, including two popular provincial parks, well developed hiking trail systems, a network of lakes and rivers ideal for boating and a world class competitive canoe club. Two of Nova Scotia's best golf courses are located in the community, along with a state-of-the-art community recreation centre.

Oakfield Golf Course is one of the longest courses in the province, at 7,015 yards. With five par 5 holes, Oakfield features a unique par 73 configuration, with hole length varying greatly. The course includes a number of sharp doglegs and an intimidating water hazard at the course's signature 13th hole.

Ashburn is the community's other golf course. Known as "New Ashburn" by its members, it is one of two courses that the club owns (the other being the Stanley Thompson-designed "Old Ashburn" on the Halifax peninsula.) Opened in 1970, New Ashburn has hosted two national championships and a number of provincial championships. It's a challenging and beautiful course on the shore of Fall River's Kinsac Lake.

For many outdoor enthusiasts, the area around Fall River and Waverley is predominantly known for all things boating. The center of the paddling community in the community is Cheema Aquatic Club, a sprint canoe and kayak racing club that develops young athletes and sponsors local regattas and paddling events. Cheema has become known as one of the top canoe clubs in the



The Fall River area boasts a number of popular hiking trails. CONTRIBUTED

country in recent years, producing world class athletes and achieving national status.

HRM councillor Barry Dalrymple says that Fall River's commitment to sports just might be the community's best kept secret. "We've got huge support for sports groups here," he says. "We've got 500 kids playing baseball. We've got 400 paddlers at Cheema Aquatic Club. It's like that with every sport that's

offered in the community. Lots of people participate and lots of people volunteer."

The latest addition to the Waverley Fall River recreation community is the Gordon R. Snow Community Centre, a 38,000-square-foot facility that features a full-sized gym and fitness centre, an outdoor skateboard and bike park, hiking trails and a playground.

— William Mason

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Grand Lake parks a study in contrast

No two provincial parks are closer to each other than Oakfield and Laurie, and no two are more different. There are obvious similarities, to be sure. Both are mid-sized, accessible, well-used parks and both are on the shore of Nova Scotia's sixth-largest freshwater lake, Grand Lake. But when one looks closely at the landscape of these parks, the difference is immediately apparent.

In fact, Oakfield Park lies three kilometres and 160 million years from Laurie Park. While Laurie Park lies on the edge of the Southern Uplands — a rocky landscape blanketed by evergreens, Oakfield Park sits on a finger of the Carboniferous



Laurie Provincial Park offers a rugged contrast from Oakfield. CONTRIBUTED

Lowlands, a region of rolling, fertile farmland covering much of Northern Nova Scotia. The diverse landscape makes Oakfield a popular spot for a large variety of birds and birdwatchers, and a freshwater

beach and boat launch area give access to Grand Lake. It's a great place for a picnic.

Laurie Park has overnight camping and it's a popular spot to access Grand Lake and launch a boat.

— William Mason

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Finding ways to bring the community back to the water was a large part of the Fall River Vision Implementation Committee's purpose. CONTRIBUTED

Vision for community

The Fall River Vision Implementation Committee started with an argument over what to do about a commercial garage.

"There were plans in the works to build a garage on a vacant piece of land near Inn On The Lake," says Vision Committee member Sandra Carr. "It wasn't a popular idea in the community. Most people said we didn't need a garage on the waterway. We don't have enough access to the water as it is."

The problem lay in the fact that even though the Fall River is blessed with a number of excellent lakes and the historic Shubenacadie Canal system, most of the land along the waterway is privately owned. That makes it difficult for the public to make use of it. "We started the Vision Committee to address that issue," says Carr.

That was eight years ago. What followed was a development plan that has helped the community of lakes capitalize on its assets. The Vision Committee has been making a noticeable difference, says Carr. "We became a bit like HRM's guinea pig," she says. "The city started looking at the way we were dealing with issues in the community and using it as a model for other communities."

The Vision Committee first implemented a vision and action plan that was adopted in the

fall of 2007, a plan that included a blueprint for land use and zoning in the Fall River area. The committee looked at issues including the development of a community trail system, the promotion of the Shubenacadie Canal for recreational use and the development of a park along the Lake Thomas shoreline. "The Vision Plan was a good thing for the community," says Carr. "It gave us the direction we needed."

A lot has changed in Fall River since the Vision Committee tabled its report eight years ago. The community now celebrates Canal Days in July, a recognition of the importance of the Shubenacadie Canal to Fall River's history. New retail and commercial developments have popped up along Fall River's main thoroughfare and traffic roundabouts and other infrastructure has been put in place to deal with increased traffic patterns.

Now the community is working on a number of new projects including a public waterfront area beside the Gordon Snow Centre and a new sports field in back of Lockview High School.

"I never thought I'd see sidewalks and streetlights in Fall River," says Carr. "It just goes to show how much we've grown in the last few years."

— William Mason

Shubenacadie Canal a historical landmark

"We're concerned with preserving the history of the Shubenacadie Canal," says Bernie Hart. "For us it's a matter of interpretation."

Hart is the Shubenacadie Canal Commission's resident historian and the first executive director of the group that oversees the protection, maintenance, and restoration of the canal system that runs through the communities of Waverley, Fall River, Wellington, and Grand Lake. He is also the Shubenacadie Canal's unofficial tour guide.

Lock 5, where Lake Fletcher flows into Grand Lake, is one of the highlights of the tour that Hart offers to curious canal aficionados. The lock's V-shaped doors — the same beautifully simple design that was created by Leonardo da Vinci in 1497 — are newer and cleaner than at the other locks.

In the 1990s the Shubenacadie Canal Commission began a project to restore Lock 5 with the hope of getting it to operating condition. All that was left was to rebuild the dam that would divert water into the canal channel. But

about the same time a controversial dam on Alberta's Oldman River led to changes in federal environmental regulations and the dam wasn't approved. Lock 5 is essentially a fully operating lock with a dry channel.

The construction of the original Shubenacadie Canal began in the early 1820s but the canal company ran out of money and abandoned it. Most of the Irish labourers pulled up stakes and headed for Ontario to work on the Rideau Canal. When a second construction effort started in the 1850s the technology that would replace the canal — the railroad — was already a going concern.

It was that 30-year delay that doomed the canal, says Hart. If it had been completed around the same time that the Rideau Canal was finished, it would have operated long enough for it to become established in the hearts, minds, and pocketbooks of Nova Scotia business operators and boaters. Like its Ontario cousin, it would likely still be operating today.

If it could ever be restored to working condition, the Shubenacadie Canal would be a huge historic attraction for the Fall River area and a gold mine for recreational boaters. After all, the Rideau Canal is able to maintain 47 19th century locks in working order and 21 lock stations staffed with personnel, all for the benefit of Ontario pleasure boaters and canal buffs.

It's a nice thought says Hart, but its unlikely that the entire canal could ever be restored to working condition. "The cost would be prohibitively expensive," he says. "Many millions of dollars."

— William Mason



The Shubenacadie Canal Commission has restored Lock 5 to near working condition. CONTRIBUTED

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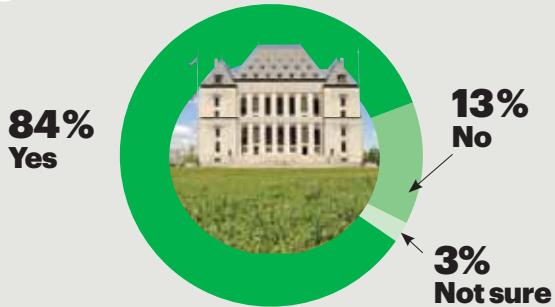
Olé? No way: Spain's "summer of blood" — 8 humans dead from bull running so far — has many wondering if the sport's risks outweigh the entertainment and tourism value.

Metro MONDAY POLL

Life-and-death decisions

The Supreme Court has ruled Canadians with "grievous and irremediable" medical conditions have the right to ask a doctor to help them die — and now doctors are deciding how they will answer that question. With no guarantee of federal legislation by the court's deadline of Feb. 6, 2016, the Canadian Medical Association met last week to discuss this legal, ethical and medical minefield. They've resolved that no doctor will have to do the procedure, but that it must be accessible for patients who qualify. While many of those facing painful and fatal illness such as Huntington's or ALS welcome the right to die when they choose, other people worry that the very ill and elderly will be pressured to go before their time. We asked our readers what they think.

1 Do you agree with the Supreme Court's decision?



2 Would you ever consider assisted suicide?



3 Have you told your family or friends what to do if you're too ill to communicate your wishes?

- 43% I don't have anything formal, but my loved ones know my wishes.
- 25% I've left clear written instructions/a living will.
- 21% I've been putting off that conversation, but I know it's important.
- 11% I haven't told anyone what end-of-life care I want, but I'm not concerned about it.



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HALIFAX MATTERS

Stephen Kimber



The last minute of play in this period is brought to you by...

What would happen, I wonder, if the company that pays for that last minute of play in each period of Halifax Mooseheads' home hockey games stopped sponsoring it? Would the 20-minute period be reduced to 19?

Among life's eternal, in-federal mysteries, this might not be right up there with the question of whether Liberal Leader Justin Trudeau's promise/threat of three years of deficit spending to fund his infrastructure renewal plan makes sense. But the two may be linked.

Bear with me.

We used to name publicly funded structures after no one (the Forum) or at least someone worthy (the Angus L. Macdonald Bridge). Now we'll happily name it Frankie's Forum after your ex-brother-in-law, or the McDonald's Golden Arches Bridge... if you pay enough.

So the Metro Centre became the Scotiabank Centre; our marvellous public skating facility became the Emera Oval. Emera? The parent company of the private electricity monopoly always seeking a rate increase? Yes.

The city will soon peddle every corner of the soon-to-be former Canada Games Centre ("Your washroom stall sponsored by Pete's Plumbing!"), each pad of the new Dartmouth four-pad arena and even the air that will carry the wireless for the proposed downtown

public Internet.

You can understand why cash-poor municipalities are desperate to play this game. And you can understand why cash-rich corporations are eager to play, too. (Every time I use the corporate name for the Metro Centre, the company gets a free ad.)

But... how did governments get so cash poor, and corporations so cash rich?

Over the years, we've cut corporate taxes, squeezed public services and enabled the rich to decide whether to fund, for example, a named business school, or a no-name social work school.

Justin Trudeau is right. We do need to invest massively to close what has become a \$123-billion national municipal infrastructure deficit. And that may require running into the red for a while.

We used to name public structures after no one, or at least someone worthy.

But the longer-term answer is to equal the tax playing field, so corporations pay their fair share too.

Unfortunately, Trudeau has hinted he might reduce the corporate tax rates — even more.

This government brought to you by...

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax Matters runs every Monday.

metroview

Why picking battles makes us want to quit the social-justice fight



Matt LaForge
Metro | Toronto

We all want to make social progress, and most of us are even willing to fight for it.

One reason we don't is that picking battles is almost as hard as fighting them.

I thought of this on Saturday at the Jays' game in Toronto, where I found myself watching six police officers violently subdue a fan.

I was buying a shirt when I looked to my left and saw the police hustle a sandy-haired, ropey-muscled lad out of a bathroom and into the exit tunnel. He flailed and cursed to high heaven. A none-too-rare tableau at pro-sports venues — a routine collaring of a Rowdy Duke. An instant's distraction, nothing more.

I was returning to my seat and forgetting about the whole thing when, seconds later, I heard more yelling, turned around and saw the guy right behind me with half a dozen uniforms in hot pursuit. He'd bolted. The cops tackled him into a prone position, knees to his back, arms pressed against his neck. "Stop resisting!" "I'm not f—cking resisting!" Anguished cries from bystanders. A minute-long struggle. It wasn't fun to watch.

One of the poor guy's outraged friends started shooting video of this second phase of the encounter. In a fit of mild civic righteousness, I followed suit. Predictably, backs stiffened. To record specific police conduct is, as far as some are concerned, to impugn the

police at large. A middle-aged man standing nearby didn't appreciate what I was doing and told me so. In response, I ad-libbed something about people behaving better when they know they're being watched.

Pretty big talk. You'd have thought I was shooting the Rodney King video. Not exactly. A few salient details I haven't yet mentioned: The perp, who was white, had evidently been grabbed at a vulnerable moment — his belt was undone and his unfastened pants were riding low around his thighs; one of shoes was missing; and when he was back on his feet, he yelled, "All this because of an e-cigarette, are you kidding me? You guys are f—ed!"

Seems he'd been vaping in the men's room. This was Trailer Park Boys stuff. This was the tragedy of King — and Eric Garner, Samuel DuBose, and Jermaine Carby — repeating itself as farce. It was lowest of low stakes, with posturing and overreaction on all sides: The cops threw a hockey team's worth of personnel and aggression at a clandestine e-smoker; we bystanders with iPhone cameras rolling got too full of ourselves; the police apologists turned a blind eye to pain in the name of public order; and the vaper himself acted like a political prisoner.

I spent the rest of the game feeling the shame of the overstepping busybody. It's the kind of shame that advises against involving oneself in another's business. And its lasting effect is that, when something actually important happens, nothing important might be done about it.

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metrLIFE

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Parents not aware of e-cig dangers, study says

CULTURE

Millennials not taking the well-trodden path to adulthood

Megan Haynes
For Metro Canada

Cherisse Feldberg, 31, still imagines her wedding day. She wants a mermaid-style dress, her bridesmaids will wear red and it'll be a small affair — a crowd that can fit comfortably in her backyard. It's been almost six years since she got engaged, and the wedding seems increasingly out of reach.

First, her fiancé's father got sick, then they inherited the house (and the debt) in Golden, B.C., which meant pushing off the wedding for a year. Then she had a baby, and the ceremony got bumped again. And then another baby, and again, another delay. She says she wasn't financially prepared for the turn of events.

Feldberg is part of a growing cohort of millennials opting to undertake so-called markers of adulthood out of order. A new study by TD found 52 per cent of millennials are on track to complete their life goals — but not according to their plan. And many are facing the unexpected costs.

One of the issues is millennials are still saving for big expenses as though they were going to go about it in the traditional order (that is graduate, move out and gain financial independence, get married, buy a home, have a kid), says Lee Bennett, senior vice-president of TD's wealth and financial planning group.

"It's not that they have less money, they just have less time to put money away," says Bennett. What's more, many under-



BABY TIME



DREAM WEDDING



nials are putting off marriage as well. In 2008, the average age of newlyweds was 30 compared to 23 in 1972, according to Statistics Canada.

Yet, delaying adulthood is not necessarily by choice. One study by the Pew Research Center found one-third of millennials want to get married or have a baby, but are putting it off for financial reasons.

Psychology professor Jeffrey Arnett at Clark University in Worcester, Mass. has said changes in society (such as the need for more education, fewer entry-level jobs and a delay in having children in favour of focusing on careers) have created a new stage called "emerging adulthood."

"Adulthood" was the end of all the foolish things like living your dream, pursuing your happiness. It meant that corner office, white picket fence and two-point-five kids," Faigelman says. But, she adds, millennials don't want financial obligations like mortgages to stop their pursuit of happiness.

Faigelman reasons this is because millennials are shifting their definitions of what they want in life; what makes for a "successful" adulthood.

"(Millennials) might see the value in owning a house, but (say) 'Maybe it's not for me, I'd rather pay for experiences and travel, and have that enrich my life,'" she says.

Rather than focus on the what they want, but can't afford, this cohort is making these unplanned events the markers of success, she says.

"But the transition has been stretched over time to the point where it isn't fully happening," says Faigelman.

As of 2011, 42 per cent of people in their 20s lived with their parents, compared to 27 per cent in 1981. And millen-

**The transition (to adulthood)
has been stretched over time
to the point where it isn't fully
happening.**

Johanna Faigelman, cultural anthropologist

LIFE OUT OF ORDER



estimate the cost of these life events, Bennett says.

For example, raising a child can run \$13,000 a year, according to one estimate from MoneySense magazine. And as of July 2015, the average price of a Canadian home stands at \$437,135, (up from about \$150,000 in 2000).

Even the cost of education is rising — the Canadian Centre for

Policy Alternatives found tuition has nearly tripled over the past 20 years, with average student debt hovering in the mid-to-high-\$20,000 range. And millennials' salaries haven't kept pace, increasing only \$1,000 (adjusted for inflation) when compared to their parents' generation 30 years prior, according to a 2014 study by BMO.

The recession hasn't helped,

either: unemployment levels among 15- to 24-year-olds has hovered around 13 per cent since the 2008 financial meltdown. And keeping up with everyday expenses means it can be even more difficult to save for the next stage.

Feldberg says this is exactly what happened to her.

"There's too many reasons to keep putting the wedding off," she says. "It would have been easier to do it in (2009) when there was no house, no kids. Now there are other priorities — we needed a new kitchen, the kids have to go on a family holiday. A wedding takes last place to everything else."

That's not to say millennials are moping about the unexpected turn of events, says Johanna Faigelman, a cultural anthropologist who studies this cohort extensively as the president of marketing research firm Human Branding. Adulthood, she says, is a social construct: the transition from frivolous, happiness-seeking teenager to grownup contributing member of society.

"But the transition has been stretched over time to the point where it isn't fully happening," says Faigelman.

As of 2011, 42 per cent of people in their 20s lived with their parents, compared to 27 per cent in 1981. And millen-



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6	Ed Sheeran Photograph
5	Ria Mae Clothes Off
4	Demi Lovato Cool For Summer
3	Selena Gomez ft ASAP Rocky Good For You
2	The Weeknd Can't Feel My Face
1	R.City ft Adam Levine Locked Away

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Rudeness may be contagious

STUDY

Like the common cold, disrespect spreads

OFFICE RELATIONS

Eleni Deacon



When a colleague is popping COLD-FX and filling their garbage with snotty Kleenex, you'll probably try to steer clear of their desk.

And while they might interpret your aloofness as rudeness, you might consider in-your-face sneezing to be impolite, as well. But what if germs weren't the only contagious workplace threats? According to a new study, rudeness itself is catching.

In a recent article from the Journal of Applied Psychology,

researchers from the University of Florida tracked 90 students as they practised negotiation with different partners. Their findings: When a student perceived one partner as rude, they themselves were far more likely to be considered rude by a subsequent partner.

Like a microbe jumping from one sinus-clogged co-worker to the next, disrespect spreads.

This discovery suggests it could be worthwhile to rethink how we understand and respond to rude colleagues. According to the study's researchers, rudeness is transmitted subconsciously. When a workmate dishes a passive-aggressive comment about the smell of your lunch, you don't make an intentional decision to shoot down everyone's ideas in your afternoon meeting — it just happens, due to automatic mechanisms in your brain. And while we can't control our subconscious, we can approach rudeness with new awareness.

Even when you're having a particularly grouchy day, you can engage specific actions that are simple to adopt such as a neutral tone of voice, an open posture, and a not-scowling facial expression.

It's not just emotionally unpleasant to be on the receiving end of rudeness — it can put a dent in your efficiency. Though eye rolls can be satisfying, committing to cordiality is a more effective way to maintain productivity by preventing rudeness from taking root. You might even discover that politeness is contagious, too.

When faced with a snide re-



Like a microbe jumping from one sinus-clogged coworker to the next, disrespect in the workplace spreads, according to a new study in the Journal of Applied Psychology. ISTOCK



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BOOKS

Love is nice, but so's a paycheque

Raquel Laneri
Metro in New York

Listen to enough TED talks or commencement speeches, and you'll think that you should love your job and anything less is selling yourself short.

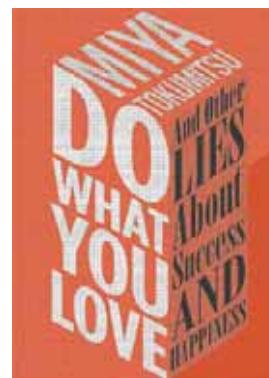
But Miya Tokumitsu wants to push back against this mantra.

"As someone with one foot in academia and the other in the arts, I would hear lots of things like, 'Oh, we're not in it for the money,' or, 'Well, you shouldn't expect to get a decent-paying job right away,'" says the Jacobin magazine contributor and art history PhD. "I think those kinds of exploitative messages come from this idea of 'Do what you love.' And they're not only unrealistic; they're also harmful."

Tokumitsu, who teaches history at the University of Melbourne, has written a book on the subject called *Do What You Love: And Other Lies About Success and Happiness*. So, what does she tell her starry-eyed undergrads when they want career advice? We asked her.

There's nothing wrong with working for money

Tokumitsu's main problem with the 'Do what you love' mantra is that it treats people who take jobs because they need to



Author Miya Tokumitsu says a 'Do what you love' mantra can be harmful.

pay rent or feed their family as somewhat inferior. And, since pursuing a college education nowadays virtually guarantees you'll be saddled with enormous debt, graduates — except for the privileged few — can't afford to be too precious about their jobs.

"The plain fact is in the current world in which we live, you need to earn wages to meet your basic needs, and that is the primary reason why people work," Tokumitsu says.

Let your work serve you

In fact, there are other ways to derive pleasure from work without it coming from what you

actually do in your 9-to-whenever. "You can get satisfaction just from knowing you can take care of yourself and take care of others, or that your job allows you the means to do other things you love, like spending time with your loved ones," says Tokumitsu.

Love takes time

There's nothing wrong with pursuing your interests — or a career that you think you'll find fulfilling. But, the idea that you're going to fall in love with your job on Day 1 is just unrealistic.

"The main thing I would say to a 22- or 23-year-old is that love takes time," says Tokumitsu. "And that kind of pleasure from work can exist, but I feel like it comes a little bit later, after you've gained some experience, after you've made some mistakes and you've gained some skills. Don't say, after six months, 'Ugh, this stinks.'"

It's not all about you

When applying for — or settling on — a job, sometimes there are more important factors than just the amount of pleasure you'll personally get from it. "Think of the work you're doing not so much as something that's for you and for your pleasure but as a contribution that you're making to society," advises Tokumitsu.

Canadians ship off for World Cup as winners

RUGBY

Canucks will play two more warm-up games abroad

Canada won its final Rugby World Cup warm-up game on Canadian soil after beating the Glasgow Warriors 19-12 Saturday afternoon.

Jamie Cudmore, who captained the side, Matt Evans and former Warriors player DTH Van Der Merwe scored tries. Nathan Hirayama kicked two conversions.

Glenn Bryce and Junior Bulumakau had tries for Glasgow.

We needed a win to get some momentum and some confidence for what we're trying to do.
Coach Kieran Crowley

"I thought the boys played really well," Canada's head coach Kieran Crowley said. "Defensively they were outstanding. We got a couple of opportunities which we took, probably left a couple of scores out there, too, but I'm very pleased."

"They certainly dug in and it was nice to get over the line for a change."

Bryce gave the Warriors an early lead as he crossed over in the corner just four minutes in. Canada responded as former Warriors centre Connor Braid

blasted through the Glasgow line to get the Canadians on the front foot.

Canada got its reward in the 16th minute when Cudmore, who missed the entire Pacific Nations Cup due to injury, powered over from a few metres out with Hirayama kicking the conversion for a 7-5 lead.

Hirayama had a chance to increase the lead in the 23rd minute but his penalty just missed.

Five minutes later, Nanyak Dala broke through the Warriors defensive line before offloading to Phil Mack, who found a supporting Ciaran Hearn with a pass. Hearn then found Evans, who powered over the line with two tacklers holding on. Hirayama added the extras for a 14-5 Canada lead.

Rory Clegg was sent to the sin bin for 10 minutes in the 37th minute but Canada couldn't add to their lead despite the man advantage. Bryce had an open lane to the corner in the 46th minute but Jeff Hassler made a cover tackle to push him out of bounds only a metre from the line.

The Warriors got their second try in the 71st minute. Scott Wight's conversion cut the Canadian lead to 14-12 with nine minutes to play.



Jamie Cudmore captained the nationals against the Glasgow Warriors in the Battle for New Glasgow this past Saturday in Halifax. THE CANADIAN PRESS FILE

Canada sealed its first win of the summer in the 77th minute when van der Merwe scored in the far corner.

"We've done a lot of hard

work and we've been playing pretty well, but we needed a win to get some momentum and some confidence for what we're trying to do," Crowley

said. Canada left for the United Kingdom on Sunday to play two more warm-up games against Georgia and Fiji.

THE CANADIAN PRESS

QMJHL

Mooseheads drop fourth straight pre-season game

The Halifax Mooseheads have lost their fourth straight pre-season game.

The Herd dropped a 7-2 decision Saturday night to the Cape Breton Screaming Eagles at Centre 200 in Sydney, their first matchup since the QMJHL club announced its final 24-player roster for the 2015-16 season.

Nevertheless, the red and green got the scoring started, with 16-year-old rookie Barrett

Dachyshyn stepping out of the penalty box, getting a hold of the puck and letting a low shot go into the back of the net at 12:18 in the first period.

Veteran forward Timo Meier, 18, notched the Mooseheads only other goal of the game in the middle frame, with rookie import Otto Somppi assisting, in what was his first exhibition game with his new team.

Clark Bishop, Pierre-Luc Du-



Timo Meier and Kevin Resop
CONTRIBUTED

bois, Olivier Leblanc, Duncan MacIntyre, Phelix Martineau,

Evgeny Svechnikov and Jordan Ty-Fournier all scored for the Screaming Eagles.

Herd netminder Kevin Resop made 42 saves, despite facing seven goals against.

Cape Breton also edged Halifax 5-4 in a shootout Aug. 15 at the Halifax Forum and won 4-2 on Aug. 23 at the Emera Centre in North Sydney.

The Mooseheads also fell 5-1 to the Moncton Wildcats on

Aug. 16 at the Red Ball Internet Centre, while a game against the Charlottetown Islanders set for Aug. 22 at the Rath Eastlink Community Centre in Truro was called off due to thick fog in the arena.

The Mooseheads wrap up pre-season action with another game against the Screaming Eagles this Thursday at the Halifax Forum. The puck drops at 7 p.m.

KRISTEN LIPSCOMB/METRO

IN BRIEF

Day coasts to victory at FedEx Cup playoff opener

Jason Day powered and putted his way to another blowout against a world-class field Sunday at The Barclays.

Fresh off his first major victory at the PGA Championship, Day pulled it on with three long birdie putts on the back nine at Plainfield. A birdie on the closing hole gave him an 8-under 62 for a six-shot victory over Henrik Stenson.

Day closed with a 63-62 weekend and finished at 19-under 261.

The victory moves the 27-year-old Australian to the top of the FedEx Cup after the opening play-off event. Though he remained No. 3 in the overall world rankings, he is now threatening Jordan Spieth and Rory McIlroy for the top spot. THE ASSOCIATED PRESS

Drouin raises the bar with gold medal in high jump

Canada's Derek Drouin captured gold in high jump at the world track and field championships Sunday in Beijing.



Derek Drouin
THE ASSOCIATED PRESS

The 25-year-old from Corunna, Ont., was the only jumper to clear 2.34 metres.

Drouin captured gold at the Pan American Games last month in Toronto.

THE CANADIAN PRESS

Dixon captures his fourth IndyCar championship

Scott Dixon captured a fourth IndyCar championship by winning the season finale at Sonoma on Sunday to snatch away the title from Juan Pablo Montoya.

Montoya led the points from the season-opening race right until the final lap Sunday.

It was the first IndyCar race since the death of Justin Wilson, who died Monday of a head injury suffered a day earlier when he was stuck by debris from another car at Pocono Raceway.

THE ASSOCIATED PRESS

Ultra-confident Jays sweep Tigers aside

MLB

AL East leaders have 'feel of a championship team' this year

When Mark Buehrle won a World Series with the Chicago White Sox in 2005, he constantly felt that no matter the deficit, they would win the game. The 2015 Toronto Blue Jays are similar, only with a super-sized offence.

"Here, shoot, if we don't score eight runs, we had a bad day," Buehrle said after a 9-2 win against the Detroit Tigers on Sunday afternoon at Rogers Centre.

SUNDAY In Toronto
9 **2**
 BLUEJAYS TIGERS

and reliable defence in front of a sellout crowd. Russell Martin and Kevin Pillar each hit a two-run home run, Josh Donaldson and Edwin Encarnacion each had a solo shot, and the Blue Jays added to their major-league best run production.

"If this isn't the feel of a championship team, I don't know what is," Martin said.

It's hard not to like what the Blue Jays have going. They've been dominant in the month since acquiring shortstop Troy Tulowitzki, ace David Price, outfielder Ben Revere and relievers La Troy Hawkins and Mark Lowe. Confidence is at an all-time high, something manager John Gibbons credits those trades for.

"With the trades (for) Tulowitzki, Price, Hawkins, Lowe, Revere, (infielder Cliff) Pennington, we just took off after they happened," Gibbons said. In a lineup that has become a modern-day murderers' row, Encarnacion continued his torrid hitting by going 2-for-3 with his 30th home run of the season. He extended his hitting streak to 25 games and is three short of Shawn Green's franchise record set in 1999.

Encarnacion is hitting .409 with 11 home runs and 35 RBIs in that time. His first-inning home run gave him 35 RBIs in August, setting a Blue Jays record for any month, and he has an extra-base hit in eight straight games.

THE CANADIAN PRESS



Edwin Encarnacion extended his hitting streak to 25 games with a home run on Sunday. CHRIS YOUNG/THE CANADIAN PRESS

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Serves 4

Ingredients

- 12 oz lean steak such as flank or top sirloin
- 2 tsp vegetable oil
- 2 cups sliced onions
- 1 tsp minced garlic
- 1 cup sliced yellow bell pepper
- 1 cup sliced red bell pepper
- 2 Tbsp chopped cilantro or basil
- 1 medium ripe avocado diced
- 2 Tbsp light mayonnaise
- Pinch of salt
- 4 sandwich rolls or baguettes, cut into 3 oz portions

Directions

1. In a grill pan or BBQ, sear meat on both sides, then cook until de-

sired doneness. For rare, cook to 125 F, approximately 10 minutes. Let sit for 10 minutes, then slice thin across the grain.

2. Meanwhile in a large heated skillet, add oil and onions and sauté on a medium heat for 10 minutes, or just until tender. Add garlic and bell peppers and sauté for five minutes. Add cilantro.
3. In a small bowl, mash avocado with mayonnaise and salt until still chunky.
4. On one half of each roll, spread with avocado mash, then add sliced meat and grilled vegetables, top with other half of bun.

Nutrition per serving

- Calories 520
- Protein 31 g
- Carbohydrates 64 g
- Fibre 7 g
- Total fat 17 g
- Saturated fat 4.5 g
- Cholesterol 35 mg
- Sodium 550 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

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adian band?
10. Canada's national summer sport
11. "Is that _ diamond?" (Ring pur-chaser's query)
12. Ancient poet of Scandinavia
13. Danish writer, — Christian Andersen (b.1805 - d.1875)
24. Extinct bird of Mauritius
25. Bird of myth
28. Latin roe
29. Calligraphy need
31. Metropolis area: 2 wds.
32. Stuff in the dog brush
34. Accommo-dating
35. Tasman, for one
36. __-Julie, Quebec
38. 'E' of GE
40. Ho-hum
42. Expend
43. Specialties of SNL alum Fred Armisen
46. Draw
48. Embark: 2 wds.
49. __ Got a Brand New Bag" by James Brown
50. Literary trope
51. "Sesame Street" puppet
52. "Bleeding Love" singer Ms. Lewis
53. Sweden's money
54. Take, thief-style
55. Kitschy

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20

The way to resolve some kind of crisis is to approach it indirectly. There is no point being blunt or direct because it will only hurt others' feelings and make matters worse.

Taurus April 21 - May 20

No matter how hard you try to get along with someone it never seems to work. Isn't it about time you got the message and severed ties with them entirely? If you must, give it one last go but then call it a day.

Gemini May 22 - June 21

There will be major changes over the coming week and they will be the kind of changes you can do little about. The good news is that more enjoyable times are on their way.

Cancer June 22 - July 23

Greet the week with a smile because if you start off on the wrong foot you won't get much done. Neptune, planet of illusion and confusion, will make things look worse than they are. Don't be fooled.

Leo July 24 - Aug. 23

It's good to have high expectations but don't pass up an opportunity just because it fails to meet your stratospheric standards. The opportunity may not seem remarkable but it is what you choose to make of it.

Virgo Aug. 24 - Sept. 23

If you want others to do things for you then you'll have to do something for them. Someone will help you realize your ambitions, but not for free.

Libra Sept. 24 - Oct. 23

You may get a bit touchy if someone you thought was on your side makes a big deal out of some minor mistake you made. What you have to realize is that from their point of view it is a much bigger mistake.

Scorpio Oct. 24 - Nov. 22

You will take some kind of risk as the week begins. With Venus moving retrograde through the career area of your chart be careful you don't upset people in positions of power.

Sagittarius Nov. 23 - Dec. 21

You may have only limited control over what other people say and do but you have total control over what you say and do. Keep that in mind this week.

Capricorn Dec. 22 - Jan. 20

The planets warn this is not a good time to make major moves, especially where money is concerned. It may seem as if you are on a sure-fire winner but looks can be deceptive.

Aquarius Jan. 21 - Feb. 19

Someone in your social circle has been taking a lot of liberties of late. Let them know that enough is enough. Will it put your friendship at risk? Maybe, but rather than than they keep using you as a doormat.

Pisces Feb. 20 - March 20

Your words could have a negative effect on an important relationship. Yes, the other person is touchy but that's just the way they are, so make allowances.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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